

# Health

## Awareness

# Fair



Lake County, Ohio

Blood Pressure, Blood Sugar and Total Cholesterol, HDL Screening, Ht, Wt, Waist and Hip Circumference, BMI, and Personal Health Risk Report.

All participants will receive immediate results with one-on-one counseling and educational materials.

Your Health Risk Report will be mailed to your home address.

Screening takes approximately 15 minutes.

Blood sample is performed by the finger-stick method.

This is a non-fasting test.

You should take your medications at the usual times.



Lake Hospital System is now Lake Health.

**REGISTER TODAY**

**New this year, Spouses are welcome to participate!**

**All Employees that complete the screening will be eligible for a discount on their 2010 Medical Premium.**

**YOU MUST PRE-REGISTER FOR THE FREE SCREENINGS.**

**CALL 888-236-6600 STARTING AUGUST 24th**

**FOR AN APPOINTMENT TIME DEADLINE 72 HOURS PRIOR TO EVENT**



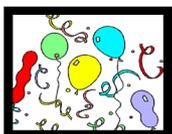
**Cholesterol, HDL  
and  
Glucose**



**Height, Weight,  
Body Mass Index**



**Blood Pressure  
Screening**



**Giveaways  
and  
Drawings**

### WHEN

### LOCATION

### TIME

|                |                              |       |
|----------------|------------------------------|-------|
| September 1st  | Administration Assembly Room | 8-4pm |
| September 3rd  | Courthouse Annex             | 8-4pm |
| September 8th  | Health District              | 8-4pm |
| September 14th | Job & Family Services        | 8-4pm |
| September 15th | Engineer's Office            | 8-4pm |
| September 17th | Gary L. Kron WWT Plant       | 8-4pm |
| September 24th | Sheriff's Department         | 6-4pm |
| September 28th | Juvenile Court               | 8-4pm |
| October 1st    | Administration Assembly Room | 8-4pm |